



The Use your skills where they're needed most RCOG/VSO fellowship



Royal College of
Obstetricians and
Gynaecologists

- Make lifesaving improvements to care
- Take on fresh clinical challenges
- Immerse yourself in another culture

Help us save mothers' and babies' lives

It will take you around a minute to read this page. In that time, one woman will die in childbirth. Twenty more will experience complications that leave them disabled for life. The same thing will happen the minute after that, and the minute after that. You can help stop it.



The Royal College of Obstetricians and Gynaecologists (RCOG) and VSO Fellowship scheme offers UK specialist trainees one-year opportunities to improve maternal health in developing countries. You'll spend one-year working alongside local colleagues to strengthen existing systems and share new skills. In the process, you'll expand your own skills and deepen your teaching and management abilities.

You'll deliver clinical care, teach staff, and coach and mentor colleagues, as well as developing new services and improving the management of existing ones.

You'll have two mentors: a local senior doctor available for advice and guidance and a UK-based obstetrician or gynaecologist who remains in regular contact.

Who can apply?

UK trainees in ST5 and up are eligible for the fellowship scheme. VSO has wider opportunities for those at other stages of their career: we ask for at least three to five years' post-registration experience in obstetrics and gynaecology. Those considering VSO on retirement are welcome.

Will the fellowship count towards my training?

This experience does not normally count towards CCT/CESR and therefore **does not require** GMC approval. However, the trainee will still require approval of the local Deanery STC (or School) and the Postgraduate Dean before undertaking such training.

Where will I be working?

We place fellows to fill positions in VSO partner organisations. At time of publication, we have roles in Kenya, Sierra Leone, Ethiopia, and Tanzania.



How to apply

You can find out more and apply at www.vso.org.uk/rcogfellow

In your application simply state that you wish to be a fellow.

The fellowship includes:

- Return airfares
- A living allowance
- Accommodation
- Health insurance
- Pre-departure and in-country training

"I've gained a completely different experience. Some things I'm doing here are things I've never done before back in the UK."
Sonia Barnfield, RCOG Fellow, Indonesia

Other ways to help



VSO is a charity registered in
England and Wales (313757)
and in Scotland (SC039117)

VSO puts the right person
in the right place at the right
time to make a difference
in poor peoples' lives. We
couldn't do that without the
generous financial support we
receive from members
of the public. And every
little bit helps.

If you'd like to contribute,
please visit
www.vso.org.uk/donate

