

VSO 24 PEAKS CHALLENGE 2011
Saturday 10th - Sunday 11th September

EVENT DETAIL

About the Challenge

This is the ultimate team challenge – climbing 24 peaks over 2,400 feet in under 24 hours, in the stunning Lake District.

You'll need mental stamina, physical fitness and above all team spirit to complete what many participants regard as one of the toughest and most exhilarating experiences of their lives.

It will cost you **£100** to register a team on the Challenge. The minimum fundraising target is an achievable **£4,500** per team. (Gift Aid is not included in this target).



VSO is an international development charity that works through volunteers. Our vision is a world without poverty in which people work together to fulfil their potential. We bring people together to share skills, creativity and learning to build a fairer world. The money raised will be used to support our work in 44 of the world's poorest countries.

Saturday 10th September 2011

The day of the challenge starts very early, with registrations starting from 0410hrs. We recommend that you book your accommodation for Friday evening in Ambleside. A list of accommodation will be provided for you on your Challenge CDROM and on our website.

Challenge Day One - Saturday 10th September 2011



Start Time From: 0500hrs (*teams will be provided with their registration and start times prior to the weekend*)

Goal: 10 peaks in 14 hours – approximate distance 17.5 miles
Start at Gatesgarth Farm. The first peak is Red Pike. From there, you'll head south east, via High Stile, High Crag, Green Gable, Great Gable, Lingmell, Scafell Pike (the highest peak in England), Great End, Esk Pike and finally Bow Fell, before dropping down in to the Langdale valley finishing at Stool End Farm.

Please note: Accommodation **is provided** for Saturday evening at **YHA Ambleside**

Address: Waterhead, Ambleside, Cumbria LA22 0EU
Telephone: 015394 32304 **Email:** ambleside@yha.org.uk
Web: www.amblesideonline.co.uk/display/yha/main.html

Challenge Day Two - Sunday 11th September 2011

Start Time from: 0500hrs (*teams will be provide with their start time on Saturday*)

Goal: 14 peaks in 10 hours – approximate distance 14 miles

Start at the car park at the top of the Kirkstone Pass, and head for the first peak, Red Screes. Then you'll head north via Dove Crag, Hart Crag, Fairfield, Seat Sandal, Dollywagon Pike, Nethermost Pike, Helvellyn, Lower Man, Whiteside, Raise, Stybarrow Dodd, Watson Dodd and eventually Great Dodd, before crossing the finish line in Matterdale alongside Cockley Moor.

Gala Dinner

Celebrations will be held at The Low Wood Hotel with a gala dinner provided, followed by a presentation ceremony and then a disco.

Time: Approx 8pm

Address: Low Wood Hotel, Ambleside, Windermere, LA23

Web Address: http://www.low-wood-hotel.com

Telephone: 015394 33338



Please note: You will be required to **book your own** accommodation for Sunday night